

## ADOPT-A-HIGHWAY/ROADWAY PROGRAM SAFETY REGULATIONS

Organizer be aware of regulations below and discuss highlighted and/or appropriate regulations with volunteers before you begin.

Group members should have the following minimum qualifications:

1. Good physical condition, including sight and hearing.
2. Mental alertness.
3. A sense of responsibility for safety of public and group.
4. Must be at least 11 years old.
5. A willingness to use good common sense.

The group's responsibility is to pick up trash and litter.

Do not attempt to compact or squeeze trash sacks to gain room for more trash. Injuries from broken or jagged objects may result from this practice. Fill the sack with what goes in easily and then get another bag.

Work one side of the highway at a time.

No children or pets shall be allowed at the litter pickup area or in the vehicles parked by those picking up trash.

Face oncoming traffic while you work. Be prepared to move out of the way of vehicles in an emergency.

Discontinue work in inclement weather, especially in times of reduced visibility and wet/icy roads.

Work during daylight hours.

Avoid overexertion. Drink plenty of water, especially on warm, humid days.

Have a refresher session on safety awareness each time a group goes out.

Be cautious of dry conditions. Be alert to fire hazards, especially if smoking.

Do not try to remove known or suspected toxic/hazardous substances, discarded syringes or hypodermic needles or large dead animals. Notify CREW/KDCB at 225-8148 of location of such items.

Be alert for places where snakes may be located, such as around old logs, rocky areas and in tall grass. Avoid these areas. Be equally alert for stinging insects.

Stay clear of any maintenance or construction activities.

Wear light-colored clothing and your safety vest at all times.

Wear gloves if not using a litter pick-up tool. Do not pick up discarded syringes or hypodermic needles.

Watch your footing. Wear substantial appropriate closed-toe shoes with ankle support. Stay off riprap and steep slopes.

Wear a hat and long sleeves to avoid sunburn. You should use a sunscreen on sunny days.